



April Is National

ROSACEA

AWARENESS MONTH!

Rosacea is a chronic and common skin condition that is characterized by persistent facial redness and flushing along with bumps, pimples, visible blood vessels, and skin thickening.



QUICK FACTS

- Rosacea affects an estimated **16 million Americans**
- People with fair skin are at a higher risk for rosacea
- Rosacea is more frequently diagnosed in women
- Skin care products with alcohol are more likely to trigger rosacea irritation
- Rosacea most often affects people **over the age of 30**
- **33%** of Rosacea patients have Irish heritage. Other ethnicities likely to develop rosacea are English, Scandinavian, Scottish, Welsh or eastern European.



7 SIGNS

YOU MIGHT HAVE ROSACEA

- 1 Flushing
- 2 Redness
- 3 Bumps or Acne
- 4 Visible Blood Vessels
- 5 Eye Irritation
- 6 Stinging Sensation
- 7 Skin Thickening



TREATMENTS TO MINIMIZE ROSACEA SYMPTOMS

- Topical Medication
- Antibiotics
- Intense Pulsed Light Laser
- Photodynamic Therapy Laser

6 TRIGGERS THAT CAN CAUSE ROSACEA



- 1 Alcohol
- 2 Caffeine
- 3 Hot & Spicy Food
- 4 Heat
- 5 Sun Exposure
- 6 Stress

SCHEDULE YOUR

COMPLIMENTARY COSMETIC CONSULTATION TODAY



Although the cause and cure for rosacea is unknown, those suffering from rosacea are encouraged to seek medical attention to manage symptoms. The best doctor to visit is a board-certified dermatologist.

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