

Raheel Zubair, MD, FAAD

Work: 9339 Genesee Ave, Suite 300, San Diego, CA 92121
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Associate (2023-Present)
Cosmetic Laser Dermatology
West Dermatology
West Dermatology Research Center

Postgraduate Training

ASDS Cosmetic Surgery Fellowship

Cosmetic Laser Dermatology, San Diego, CA

- Research and expert training of the highest level in the areas of pigmentation, scar revision, veins, aging, rejuvenation, energy devices, neuromodulators, filler, and body contouring.
- Supervision by Drs. Goldman, Butterwick, Fabi, Groff, Wu, Boen, and Loyal.
- Subinvestigator for Abbvie, Galderma, Cynosure, Teoxane, Merz, and others.

Dermatology Resident Physician

Broward Health Medical Center, Fort Lauderdale, FL

- Extensive clinical training at a variety of sites including Broward Health Medical Center, Cleveland Clinic Florida, West Palm Beach VA Medical Center, and Shino Bay Cosmetic Dermatology and Laser Institute in various care settings.
- Significant exposure to patients of all backgrounds and a broad variety of dermatologic pathology in high-volume environments.

Clarence S. Livingood Dermatology Research Fellow

Henry Ford Health System, Department of Dermatology

- Sponsor and investigator-initiated clinical research led by Drs. Lim, Ozog, and Hamzavi
- Sponsors include GE, Bayer, Estée Lauder, Pfizer, Incyte, L'Oréal, Lencicula, and miRagen
- Research areas included photomedicine, vitiligo, hidradenitis suppurativa, scarring, and skin of color

Clinical Research Fellow

The American Skin and Cancer Center

- Researched non-invasive diagnostic imaging including reflectance confocal microscopy (RCM)
- Perform RCM image acquisition and interpretation, create educational videos and practice cases

Internal Medicine Resident Physician (Internship)

Medstar Georgetown University Hospital, Washington, D.C.

Education

M.D.

Georgetown University School of Medicine, Washington, D.C.

M.S., Physiology and Biophysics

Georgetown University School of Medicine, Washington, D.C.

M.H.S., Reproductive and Cancer Biology

Johns Hopkins Bloomberg School of Public Health, Baltimore, MD.

Raheel Zubair, MD, FAAD

B.A., Biology

Johns Hopkins University, Baltimore, MD. GPA: 3.55

Licensure and Certification

Fellow of the American Academy of Dermatology
Board Certification, American Board of Dermatology
California Medical License

Publications

Flagellate erythema with relapsing fevers and arthralgia. McNamara SA, Henehan M, Zubair R, Nousari C. *Int J Dermatol.* 2023 Sep 20. doi: 10.1111/ijd.16851. PMID: 37728193

How We Do It: Subcutaneous Sodium Deoxycholate Injections With or Without Triamcinolone for Reduction of Submental Fat. Goldman MP, Ishii L, Zubair R, Wu DC. *Dermatologic Surgery.* 2023 Sep 1;49(9):903-906. doi: 10.1097/DSS.0000000000003856. PMID: 37318154

Safety and Efficacy of Intense Pulsed Light With Radiofrequency in United States Hidradenitis Suppurativa Patients. Lyons AB, Narla S, Kohli I, Zubair R, Jacobsen G, Ceresnie M, Parks-Miller A, Hamzavi IH. *Journal of drugs in dermatology.* April 2022;21(4), 430–432. <https://doi.org/10.36849/JDD.6562> PMID: 35389583

An in vivo Model of Postinflammatory Hyperpigmentation and Erythema: Clinical, Colorimetric, and Molecular Characteristics. Vellaichamy G (co-first author), Kohli I (co-first author), Zubair R (co-first author), Yin C, Braunberger T, Nahhas A, Nicholson C, Mohammed T, Isedeh P, Lyons AB, Nartker N, Al-Jamal M, Matsui M, Karaman-Jurukovska N, Zhou L, Lim HW, Mi Q, Hamzavi IH. *British Journal of Dermatology.* 2022 Mar;186(3):508-519. doi: 10.1111/bjd.20804. Epub 2021 Nov 24. PMID: 34625951

Mitigating Visible Light and Long Wavelength UVA1-Induced Effects with Topical Antioxidants. Lyons, AB (co-first author), Zubair R (co-first author), Kohli I, Nahhas A, Braunberger T, Mokhtari M, Ruvolo E, Lim HW, Hamzavi IH. *Photochemistry and Photobiology.* March 2022;98(2):455-460. doi:10.1111/php.13525 PMID: 34549819

Development and Validation of the Fingertip Unit for Assessing Facial Vitiligo Area Scoring Index (F-VASI). Bae JM (co-first author), Zubair R (co-first author), Ju HJ, Kohli I, Lee HN, Eun SH, Lyons AB, Vellaichamy G, Han TY, Lim HW, Hamzavi IH. *J Am Acad Dermatol.* 2022 Feb;86(2):387-393. doi: 10.1016/j.jaad.2021.06.880. Epub 2021 Jul 9. PMID: 34246695.

Assessment of Inter-rater Reliability of Clinical Hidradenitis Suppurativa Outcome Measures Using Ultrasonography. Lyons AB, Narla S, Kohli I, Zubair R, Nahhas AF, Braunberger TL, Joseph MK, Nicholson CL, Jacobsen G, Hamzavi IH. *Clinical and Experimental Dermatology.* 2022 Feb;47(2):319-324. doi: 10.1111/ced.14889. Epub 2021 Oct 10. PMID: 34388853.

Cutaneous Interaction with Visible Light: What Do We Know. Cohen L, Brodsky MA, Zubair R, Kohli I, Hamzavi IH, Sadeghpour M. *J Am Acad Dermatol.* 2020 Apr; doi: 10.1016/j.jaad.2020.03.115 PMID: 32289393

Phototherapy for Vitiligo. Zubair R, Hamzavi IH. *Dermatol Clin.* 2020 Jan;38(1):55-62. doi: 10.1016/j.det.2019.08.005. PMID: 31753192

Evaluating the safety and efficacy of intense pulsed light with radiofrequency in US patients with hidradenitis suppurativa: A split-body study. Lyons AB, Zubair R, Miller AP, Kohli I, Hamzavi IH. *J Am Acad Dermatol.* 2020 Dec 1;83(6): doi.org/10.1016/j.jaad.2020.06.703

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Hidradenitis suppurativa and risk for development of Clostridium difficile colitis. Lyons AB, Kaddurah H, Peacock A, Zubair R, Vellaichamy G, Norwick P, Ramesh M, Jacobsen G, Hamzavi IH. *Int J Dermatol.* 2020 Feb 3. doi: 10.1111/ijd.14787. PMID: 32010962

Impact of Long-Wavelength Ultraviolet A1 and Visible Light on Light-Skinned Individuals. Kohli I, Zubair R, Lyons AB, Nahhas AF, Braunberger TL, Mokhtari M, Ruvolo E, Lim HW, Hamzavi IH. *Photochem Photobiol.* 2019 Nov;95(6):1285-1287. doi: 10.1111/php.13143. PMID: 31344760

Successful treatment of solar urticaria with UVA1 hardening in three patients. Lyons AB, Peacock A, Zubair R, Hamzavi IH, Lim HW. *Photodermatol Photoimmunol Photomed.* 2019 May;35(3):193-195. doi: 10.1111/php.12447. PMID: 30576021

What's New in Pigmentary Disorders. Zubair R, Lyons AB, Vellaichamy G, Peacock A, Hamzavi I. *Dermatol Clin.* 2019 Apr;37(2):175-181. PMID: 30850040

Artificial Intelligence for Clinical Decision Support. Zubair R, Francisco G, Rao B. *Cutis.* 2018 Sep;102(3):210-211. PMID: 30372716

Bedside diagnosis of lentigo maligna with reflectance confocal microscopy. Raheel Zubair, Attiya Haroon, Babar Rao. *Journal of Cutaneous Pathology* 2018 Jul;45(7):553-555. doi: 10.1111/cup.13264 PMID: 29693252

In-vivo microscopy techniques for skin disease. Raheel Zubair, Attiya Haroon, Babar Rao. *In Vivo Microscopy*, World Scientific.

Cysts. Raheel Zubair, Omar Noor. Textbook Chapter 90. Moschella and Hurley's *Dermatology* 4th edition. JP Medical Ltd

Preoperative ultrasound for evaluation of hidradenitis suppurativa: A case report. Lyons AB, Zubair R, Kohli I, Hamzavi IH. *Dermatol Surg.* 2019 Feb;45(2):294-296.

Ertapenem – a potent treatment for clinical and quality of life improvement in patients with hidradenitis suppurativa – Reply

Lyons AB, Parks-Miller A, Zubair R, Hamzavi IH. *Int J Dermatol.* 2019 Apr;58(4):E88. PMID: 30515760

As Smooth as Honey—The Historical Use of Honey as Topical Medication. Zubair R, Aziz N. *JAMA Dermatol.* 2015 Oct;151(10):1102.

DERM DX: What Are the Patches on This Man's Trunk? Raheel Zubair, Nasir Aziz. *The Dermatologist* Volume 24 Issue 2 February 2016

Oral Presentations and Posters

New Horizons in Chemical Lipolysis. Raheel Zubair. *Vegas Cosmetic Surgery.* May 2024.

Skin of Color: Overview, misconceptions, and common questions. Raheel Zubair. *UCSD Healthy Skin Initiative.* April 2024.

The Tone Study protocol: a prospective clinical study investigating repigmentation of stable vitiligo lesions using an autologous skin cell suspension. Raheel Zubair. *Muai Derm* 2024.

PLLA for Adipogenesis and Volumization of the Hip Dell. Raheel Zubair, Lisa Ishii, Jameson Loyal, Nina Hartman, Sabrina Fabi. *American Society for Dermatologic Surgery Annual Meeting.* October 2023.

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Magnetic Muscle Stimulation and Cryolipolysis for Inferior Gluteal Contouring. Presenting Author: Raheel Zubair. American Society for Laser Medicine & Surgery Annual Conference. April 15, 2023. Clinical Apps- Cutaneous session.

Impact of dermatologic disease on patient quality of life presenting to a safety net clinic

Zachary Hopkins, Raheel Zubair, Bernice Baroudi, Carlos H. Nousari. Broward Health Research Symposium. June 2022.

Adult-Onset Still's Disease in a Cruise Ship Worker. Raheel Zubair, Mason Henehan, Carlos Nousari. Florida Society of Dermatology and Dermatologic Surgery. July 2021.

Repeat Pembrolizumab-Induced Stevens-Johnson Syndrome/Toxic Epidermal Necrolysis in a Patient with Non-Small Cell Lung Carcinoma. Hana Ahmed, Raheel Zubair, Bernice Baroudi, Brooke Wehausen, Carlos Nousari. GME Research Symposium. March 2020.

Optimizing parameters for inducing repigmentation in subjects with generalized vitiligo: comparing the efficacy of visible light with ultraviolet A1 versus narrowband ultraviolet B. Kohli I, Lyons AB, Zubair R, Nahhas A, Braunberger T, Lim HW, Hamzavi IH. Photonics in Dermatology and Plastic Surgery 2020. March 2020.

Danger Sharp Turns: Polyarthritis Nosoda Presenting as Angulated Purpura. Raheel Zubair, Brooke Wehausen, Bernice Baroudi, and Carlos Nousari. GME Research Symposium March 2020.

Fingertip unit for estimating body surface area involvement less than the hand unit in patients with vitiligo. Raheel Zubair, Jung Min Bae, Amanda Nahhas, Taylor Braunberger, Tae Young Han, Iltefat Hamzavi. Vitiligo International Symposium. November 2018.

Carbon dioxide laser excision in hidradenitis suppurativa: demographics, comorbidities, healing time, and complications. Raheel Zubair, Alexis B. Lyons, Paras Vakharia, Taylor L. Braunberger, Cynthia L. Nicholson, Angela Parks-Miller, Iltefat H. Hamzavi. Symposium on Hidradenitis Suppurativa Advances. October 2018.

Preoperative ultrasound for evaluation of hidradenitis suppurativa: A case report. Alexis Lyons, Raheel Zubair, Indermeet Kohli, Ximena Wortsman, Iltefat Hamzavi. Symposium on Hidradenitis Suppurativa Advances. October, 2018

Comparing the efficacy of VL-UVA1 versus NB-UVB on inducing repigmentation in subjects with generalized vitiligo. Alexis Lyons, Raheel Zubair, Indermeet Kohli, Amanda Nahhas, Taylor Braunberger, Henry Lim, Iltefat Hamzavi. Vitiligo International Symposium. November 2018.

Minimal Erythema Dose in Skin of Color: A Closer Look. Raheel Zubair, Gina Francisco, Attiya Haroon, Babar Rao. Poster presented at Skin of Color Society 2018 Symposium. February 2018.

Application of non-invasive diagnostic techniques for management of skin lesions in 21st century. Attiya Haroon, Raheel Zubair, Babar Rao. Presented at OSA Biophotonics Congress: Biomedical Optics. April 2018.

Acquired Blaschkoid Dermatitis. Raheel Zubair, Kathleen Hesterman. Presented at Louisiana Dermatological Society Annual Meeting. September 12, 2015.

A Protean Master Mimic: Secondary Syphilis Presenting as Psoriasiform Balanitis. Raheel Zubair, Wen Chen, Pooja Khera. Poster presented at AAD 74th Annual Meeting. March 2016

Clinical Trials

Prospective Swab Sample Collection from Subjects Who Present with Cutaneous or Mucocutaneous Lesions Raheel Zubair, West Dermatology Research, RESEARCH & DEVELOPMENT INSTITUTE, 2024

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A Phase 2b Multicenter, Randomized, Double-blind, Placebo-controlled Dose-Ranging Study to Evaluate the Efficacy and Safety of JNJ-81241459 for the Treatment of Participants with Moderate to Severe Plaque Psoriasis

Mitchel Goldman, West Dermatology Research, Janssen Research & Development, 2024

BOTOX® (onabotulinumtoxinA) for the Reduction of Masseter Muscle Prominence: A Phase 3, Multicenter, Randomized, Double-Blind, Placebo-Controlled Study

Sabrina Fabi, West Dermatology Research, Abbvie, 2024

A Multi-Center, Randomized, Double-Blind, Vehicle-Controlled, Sequential Group Comparison Study to Evaluate the Safety and Efficacy of Light Dose (Fluence) in Subjects with Port-wine Birthmark of the Face and/or Neck Treated with Hemoporphin + Green Light Photodynamic Therapy

Sabrina Fabi, West Dermatology Research, Tigermed, 2024

A Prospective Post-Market Clinical Study Investigating Repigmentation of Stable Vitiligo Lesions Using Spray-On Skin™ Cells

Raheel Zubair, West Dermatology Research, AVITA medical, 2023

A Phase 2b, Randomized, Placebo-Controlled Factorial Study to Evaluate the Efficacy, Safety and Tolerability of CBL-514 Injection Compared with CBL-A1 and CBL-A2 for Reducing Abdominal Subcutaneous Fat.

Sabrina Fabi, West Dermatology Research, Caliway, 2023.

Evaluation of Efficacy and safety of the Skinstylus Sterilock Microneedling System for the treatment of facial wrinkles.

Sabrina Fabi, West Dermatology Research, Beautyhealth, 2023

Safety and Efficacy of SofWave Treatment to Lift the Upper Lip and Improve the Peri-Oral Rhytids.

Jameson Loyal, West Dermatology Research, SofWave, 2023

A prospective, open-label clinical study evaluating the efficacy and safety of cleanser, serum, and sunscreen products for the treatment of facial redness.

Sabrina Fabi, West Dermatology Research, RoC, 2023

Evaluation of the UltraClear Laser Workstation for the Treatment of Facial and Neck Rejuvenation and Skin Resurfacing Augmented with Mesenchymal Stem Cell Extract.

Jameson Loyal, West Dermatology Research, Acclaro, 2023

A Phase 2a, Open Label Study to Evaluate the Safety, Tolerability, and Efficacy of the CBL-514 Injection for the Treatment of Edematous Fibrosclerotic Panniculopathy (EFP)

Mitchel Goldman, West Dermatology Research, Caliway, 2023

An Evaluation of the Efficacy and Tolerability of Two Alternate Treatment Protocols Using the Accure Laser

Mitchel Goldman, Cosmetic Laser Dermatology, Accure Acne Inc, 2022

Saypha® VOLUME Lidocaine for Midface Augmentation (VOLIDO)

Mitchel Goldman, Cosmetic Laser Dermatology, CROMA Pharma GmbH, NCT05386030, 2022

A Study to Evaluate the Safety, Tolerability, and Preliminary Efficacy of CBL-514 Injection for Reducing Convexity or Fullness of Abdominal Subcutaneous Fat

Sabrina Fabi, Cosmetic Laser Dermatology, Caliway Biopharmaceuticals, NCT04698642, 2022

A Prospective, Single-center, Double-blinded, Randomized, Split-face Study Evaluating 1064nm versus 755nm Picosecond Lasers with Diffractive Lens Array for Improvement of Skin Quality

Jameson Loyal, Cosmetic Laser Dermatology, ASLMS grant, 2023

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A prospective, multi-center, randomized, controlled, blinded study of the safety and effectiveness of Precise Sculpt Dermal Filler to correct age-related volume deficit in the mid-face

Sabrina Fabi, Cosmetic Laser Dermatology, Symatase, 2022

The Effect of Cooling on Sclerotherapy Efficacy

Mitchel Goldman, Cosmetic Laser Dermatology, NCT04690803, 2022

Study of Different Interventions to Reduce Bruising Following CCH-Aaes Treatment for Cellulite of the Buttocks (APHRODITE)

Sabrina Fabi, Cosmetic Laser Dermatology, Endo Pharmaceuticals, NCT05419505, 2022

A Phase 3 Multicenter, Randomized, Double-blind, Placebo-controlled Study to Evaluate the Safety and Efficacy of BOTOX® (Botulinum Toxin Type A) Purified Neurotoxin Complex for the Treatment of Platysma Prominence

Cosmetic Laser Dermatology, AbbVie, NCT04949399, 2022

A Multi-Center, Double-Blind, Randomized Clinical Study Evaluating the Efficacy and Safety of a Topical Product for Facial Dyschromia

Sabrina Fabi, Cosmetic Laser Dermatology, Galderma, 2022

A Single Center, Double-Blinded, Split-Body, Randomized Clinical Trial of Injectable Poly-L-Lactic Acid for the Treatment of Upper Inner Arm Skin Crepiness/Laxity

Mitchel Goldman, Cosmetic Laser Dermatology, Galderma, 2022

Laser to Aid in Treatment of Keratosis Pilaris on Arms

Mitchel Goldman, Cosmetic Laser Dermatology, NCT05666011, 2022

EIC-STS, A prospective clinical trial evaluating the efficacy of 1.5% sodium tetradecyl sulfate foam injection for the treatment of epidermoid cysts

Raheel Zubair, Cosmetic Laser Dermatology, NCT05597995, 2022

Clinical Utility and Health Outcomes Study of the DecisionDx®-SCC Prognostic Gene Expression Profile Test (UTILISE)

Brook Lucien Brouha, Cosmetic Laser Dermatology, Castle Biosciences Inc, 2022

Pivotal Study to Assess the Clinical Efficacy and Safety of Microwave Treatment in Warts

Mitchel Goldman, Cosmetic Laser Dermatology, Emblation, 2023

A Prospective Follow-Up Open Label Clinical Trial Evaluating The Long-Term Effects Of Treatment With The Accure Laser On Moderate Inflammatory Acne Vulgaris

Mitchel Goldman, Cosmetic Laser Dermatology, Accure Acne Inc, 2022

Treatment of Blond/Grey/Light Red Axillary Hair with 810nm Diode Laser Activation of Silver Nanoparticles with a Standard and Optimized Infusion Paddle

Mitchel Goldman, Cosmetic Laser Dermatology, 2021

A Single Center, Double-Blinded, Split-Body, Randomized Clinical Trial of Injectable Poly-L-Lactic Acid for the Treatment of Neck Skin Crepiness/Laxity and Transverse Lines

Jameson Loyal, Cosmetic Laser Dermatology, Galderma, 2023

A Prospective, Single-center, Double-blinded, Randomized, Split-face Study Evaluating 1064nm versus 755nm Picosecond Lasers with Diffractive Lens Array for Improvement of Skin Quality

Jameson Loyal, Cosmetic Laser Dermatology, Cynosure, 2023

Combined Treatment with Nonablative Fractional Laser and Radiofrequency Microneedling for the Treatment of Acne Scars

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Nina Hartman, Cosmetic Laser Dermatology, ASDS Grant, 2022

A Phase 2b Study to Evaluate RIST4721 in Palmoplantar Pustulosis (PPP)

Mitchel Goldman, Cosmetic Laser Dermatology, Aristeia Therapeutics, NCT05194839, 2022

Study to Evaluate the Safety and Efficacy of BF-200 ALA (Ameluz®) and BF-RhodoLED® in the Treatment of Moderate to Severe Acne Vulgaris With Photodynamic Therapy in Adults

Mitchel Goldman, Cosmetic Laser Dermatology, Biofrontera Bioscience GmbH, NCT05080764, 2021

A Study to Evaluate Sequential Administration of AGN-151586 and OnabotulinumtoxinA (BOTOX) Injections in Adult Participants for Treatment of Glabellar Lines

Sabrina Fabi, Cosmetic Laser Dermatology, AbbVie, NCT05496335, 2022

A Study to Assess Adverse Events of Intramuscular AGN-151586 Injection in Adult Participants With Glabellar Lines

Sabrina Fabi, Cosmetic Laser Dermatology, Allergan (AbbVie), NCT05248893, 2022

Evaluation of the Effectiveness and Safety of Diluted RADIESSE® in the Treatment of Décolleté Wrinkles

Sabrina Fabi, Cosmetic Laser Dermatology, Merz North America, NCT05163353

A Study to Assess Adverse Events and Change in Disease Activity of JUVÉDERM® VOLITE™ XC Injectable Gel for Change in Neck Appearance in Adult Participants

Sabrina Fabi, Cosmetic Laser Dermatology, AbbVie, NCT05316233, 2023

Coolsculpting With Cooltone Verses Coolsculpting Alone for the Banana Roll Area

Mitchel Goldman, Cosmetic Laser Dermatology, Allergan, NCT05359614, 2022

Injectable Poly-L-Lactic Acid for Volumization and Adipogenesis of the Hip Delt

Sabrina Fabi, Cosmetic Laser Dermatology, Galderma R&D, NCT05269654, 2022

Comparison of Two Modes of Photodynamic Therapy for the Treatment of Actinic Keratosis on the Upper Extremities

Monica Boen, Cosmetic Laser Dermatology, Biofrontera Bioscience GmbH, NCT05359419, 2022

High Intensity Ultrasound for the Treatment of Upper Inner Arm Skin Laxity

Monica Boen, Cosmetic Laser Dermatology, Sofwave Medical LTD, NCT05355714, 2022

A randomized single center, double blinded, split-body clinical trial of poly-L-lactic acid (Sculptra Aesthetic) for the treatment of cellulite of the buttocks and thighs

Sabrina Fabi, Cosmetic Laser Dermatology, Galderma R&D, NCT04830722, 2021

A Safety and Tolerability Study of 10XB-101 Injection in Adult Subjects With Submental Fat

Douglas Wu, Cosmetic Laser Dermatology, 10xBio, LLC, NCT05154955, 2021

The Effect of Topical Sunscreen Plus Antioxidant Against the Visible Light Biological Effects

Iltefat Hamzavi, Henry Ford Health System; Allergan, NCT03065582

The Efficacy and Molecular Mechanism of Botulinum Toxin in the Reduction of Breast Reduction Mammoplasty Scar Formation

David M. Ozog, Henry Ford Health System; Galderma R&D, NCT03887377

Efficacy Evaluation of Products Against Long Wavelength Ultraviolet A1 and Visible Light Induced Biological Effects

Iltefat Hamzavi, Henry Ford Health System; L'Oreal; NCT04181476

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Efficacy, Safety, and Tolerability of Remlarsen (MRG-201) Following Intradermal Injection in Subjects With a History of Keloids

David M. Ozog, Henry Ford Health System, miRagen Therapeutics, Inc, NCT03601052

Topical Ruxolitinib Evaluation in Vitiligo Study 2 (TRuE-V2)

Henry Ford Health System, Incyte Corporation; NCT04057573

Research Experience

The Impact of Dermatologic Disease on Skin-Related Quality of Life in a Low-Income

Uninsured Population Seen at a Safety-Net Hospital

October 2020 — June 2022

- Project led by Dr. Hopkins and I to measure health-related quality of life of uninsured patients at Broward Medical Center using the validated Skindex-16 questionnaire
- Skindex-16 is a 16-item questionnaire that asks how bothered patients are by their skin disease on symptom, emotion, and functioning scales.
- Objectives include comparing quality of life by diagnosis, patient demographics, comorbidities, treatment, and disease severity
- No previous studies have been performed investigating skin-specific quality of life among patients at a safety-net hospital system.

American Society for Laser Medicine & Surgery Mentorship Program December 2020 — August 2022

- Created a laser safety guide for ASLMS members
- Mentored by Dr. David Sliney, who was the Program Manager of the Laser/Optical Radiation Program at the US Army Medical Department for 42 years. He is currently a faculty member of the Johns Hopkins School of Public Health.

Volunteer Experiences

Reviewer for JAMA Dermatology, Dermatologic Surgery, and Lasers in Surgery and Medicine

Volunteer – Research

May 2018 – Present

- Peer review manuscripts
- Improve the quality of scientific literature
- Protect the integrity of scientific discourse

Hope for HS – Volunteer

Volunteer – Advocacy

Dates: July 2018 – June 2019

- Hidradenitis Suppurativa patient support group
- Provided physician presence at meetings and answer questions
- Volunteered at fundraising events such as 5k run

V-Strong Southeast Michigan Support Group – Participant

Volunteer – Advocacy

Dates: July 2018 – June 2019

- Vitiligo patient support group
- Attended bi-monthly meetings
- Offer accurate information about vitiligo research

Healthcare Working Group (Murphy for Governor)

Volunteer – Policy

Dates: September 2017 – November 2017

Raheel Zubair, MD, FAAD

- Prepare initial briefings on relevant topics related to healthcare including women's health, health insurance, and addiction treatment
- Write memos on new issues as they arise
- Draft responses to opposition
- Anticipate questions the campaign may be asked and formulate responses

Hoya Clinic – Volunteer

Volunteer – Medical/Clinical

Dates: December 2012 – December 2016

- Student-run free clinic located in DC General Hospital building in Southeast D.C.
- Provided medical care to the homeless including adult and child well visits, health education, and medication
- Learned valuable clinical skills from senior medical students and then taught those skills to younger students.
- Continued to volunteer as a physician

Camp Discovery (Camp Reflection at Camp Korey) – Counselor

Volunteer

Dates: June 21st-26th 2015

- Provided children with chronic skin disorders the opportunity to experience camp and supported them in a setting of acceptance and fun
- Ensured a safe, supportive, and enjoyable camping experience for the campers

MCC Free Clinic Dermatology – Volunteer

Volunteer – Medical/Clinical

Dates: November 2014 – March 2016

- Gave free dermatology care to uninsured patients in the Silver Spring area
- Developed my diagnostic, procedural, and overall clinical skills in dermatology with Dr. Nasir Aziz
- Treated primarily immigrants from Asia and African countries, worked with a very diverse population and learned about skin of color

HoyaMed Summer Sports Camp – Counselor

Work – Medical/Clinical

Dates: July 29th 2013-August 2nd 2013

- Student-run week-long summer sports program
- Promoted teamwork, self-esteem, and a healthy lifestyle in homeless children
- Served as coach to a team of 7-10 children, between 6 and 16 years old each day

The Busy Bee Center for Children with Autism – Teacher's Aide

Work – Medical/Clinical

Dates: November 2010 to July 2011

Organization: The Busy Bee Center for Children with Autism

- A collaboration between the Bayonne Board of Education, Bayonne Medical Center, and the Simpson-Baber Foundation for the Autistic
- Privately funded, early intervention program for children between 18 months and 3 years old that have not reached expected developmental milestones.
- Taught using ABA programming, which uses applied behavioral analysis to improve children's learning readiness, ability to communicate, and prepare them for further education by using conditioning and other behaviorist principles
- Guided children through art projects, activities of daily living, story time, lunch/feeding, gross motor group play and fine motor group play

North Plainfield Rescue Squad – Member (EMT-B)

Work – Medical/Clinical

Dates: February 2011 to July 2011

Organization: North Plainfield Rescue Squad

Raheel Zubair, MD, FAAD

- Completed EMT-B training
- Provided emergency medical care for underserved areas of Plainfield and North Plainfield
- Served patients at risk from gang violence and substance use
- Cooperated with police and fire services as well as hospital staff
- Negotiated cultural differences and overcame language barriers

Baltimore Rescue Mission Clinic

Volunteer – Medical/Clinical

Dates: January 2010 to August 2010

Organization: Baltimore Rescue Mission Clinic

- Provided free medical care and dispensed medication to the homeless at Baltimore Rescue Mission
- Served patients with poorly managed chronic medical problems
- Transitioned substance use patients to care at Healthcare for the Homeless and Dee's Place
- Assisted patients without Medicaid in becoming Maryland Primary Adult Care participants

Global Medical Brigades – Medical Supply Coordinator

Volunteer – Medical/Clinical

Dates: January 2010 to June 2010

Organization: Global Medical Brigades

- Participated in GMB aid mission to Honduras
- Organized three fundraisers
- Secured medical supply and drug donations from organizations like Medwish and Hopkins SHARE
- Taught volunteers basic triage skills
- Provided free medical care and dispensed medication to various rural communities outside Tegucigalpa
- Rotated between triage, medical, dental, and pharmacy care
- Learned about tropical medicine and providing optimal medical care across cultures

QPSRM - Program in Quality, Patient Safety, and Risk Management

Volunteer – Medical/Clinical

Dates: September 2007 to December 2010

Organization: Johns Hopkins Hospital – Department of Anesthesiology and Critical Care Medicine

- Worked as part of a team to improve safety and quality of care to Johns Hopkins Hospital patients
- QPSRM program was created in response to research indicating the severity and prevalence of preventable medical errors.
- Improved patient care by finding intrinsic risks for adverse events, then making a plan to correct these systemic problems, sometimes even by redesigning a system
- Week-to-week, worked on different tasks depending on what adverse events may have occurred at the hospital, including improving emergency blood accessibility, improving TEE and surgeon mobilization for non-elective cardiac access, and ensuring proper use of Heliox gas in the OR
- Learned to appreciate the complexities of the clinical environment and the importance of public health research as well as how vital effective communication and cooperation between members of a medical team are.

Professional Societies or Organizations

American Academy of Dermatology

American Society for Dermatologic Surgery

American Society for Laser Medicine & Surgery

Skin of Color Society

Photodermatology Society

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References

Mitchel P. Goldman, M.D.
Medical Director and Founder
Cosmetic Laser Dermatology
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Research Interests

- **Skin of color**
- **Pigmentary disorders**
- **Scarring**
- **Regenerative medicine and longevity**
- **Patient-reported outcomes and health-related quality of life**

Personal Interests

- **Social justice, geopolitics, and political activism**
- **Mindfulness meditation**
- **My favorite genres of books are psychology and science fiction.**