

Sculptra

What to expect during and after your procedure

During your procedure:

- An assessment will be made by your Physician to determine the amount of product needed.
- Multiple injections will be administered to the treatment areas.
- Even though Sculptra contains lidocaine, some Physicians may decide to use a topical numbing agent or local anesthesia injections prior to treatment.
- You may have a very small amount of pinpoint bleeding where the needle was inserted. This usually subsides in a few minutes.

After your procedure:

- You may feel some soreness around treated areas. Ice packs may be used to ease tenderness. It is OK to take Tylenol 500 mg 1 or 2 every 4 hrs. as needed.
- Due to the lidocaine in Sculptra, you may experience a strange sensation around the eye area (such as twitching or drooping). This is normal and usually subsides in about 20 minutes.
- Immediately after treatment you will experience swelling which can last about 3-5 days. Ice packs (10 mins. on and 10 mins. off) can be used to help minimize swelling.
- You may get a bruise from the injections. If so, you are welcome to come into the office the following day and have the bruise(s) treated with a laser, at no charge.
- You may use your regular skin care products and make-up immediately after treatment.
- You may also take Arnica pills before and/or after the treatment to decrease the risk of bruising and to help any bruising subside faster. We have Arnica available for purchase.
- Results are usually not noticeable after the first treatment. 2-4 treatments of Sculptra are typically recommended at monthly intervals to achieve the desired result. Maintenance injections may be recommended by your Physician.
- Follow any additional specific post treatment instructions from your Physician.

Please contact our office if you have any questions or concerns at (858)657-1002.

Additional notes/instructions:

Physician: _____ Assistant: _____ Date: _____