

Picoway Resolve/Fusion

What to expect during and after your procedure

During your procedure:

- Topical numbing cream will be applied to areas being treated for 30-60 min prior to treatment.
- There will be multiple passes made over the treatment area.
- The sensation of heat (like grease "splattering") increases as the number of passes increase.
- Cold air is applied directly to skin surface as it is being treated to help decrease sensation of heat.

After your procedure:

- The sensation of heat/intense sunburn will subside throughout the day. It is OK to take Tylenol or Ibuprofen.
- Redness and mild swelling will occur immediately after treatment. Swelling typically peaks at 48-72 hours. If treatment is done on your face, sleeping with your head slightly elevated at night for the first 3 nights will help minimize swelling.
- Application of ice packs (10 min. on and 10 min. off) starting the day of procedure and the following day will help reduce the sensation of heat & minimize swelling.
- Apply sunscreen with Zinc Oxide and/or Titanium Dioxide daily. Protect the treated area from the sun both indoors and outdoors (hat, sunglasses, sunscreen). Reapply sunscreen every 2 hours.
- **NO RUBBING, PICKING OR WIPING THE TREATMENT AREA.**
- It is OK to shower day of procedure.
- Gentle cleansing is fine (Sensitive Skin Cleanser or Cetaphil Cleanser is recommended).
- Superficial, grainy crust is normal and could last up to 1 week.
- Redness is normal and could last up to 1 week or more.
- Apply moisturizer as often as needed to help with dryness.
- You can wear make-up (unless instructed not to by your Physician) if you are not rubbing, picking, or wiping off the surface of skin when applying or removing make-up.
- Multiple treatments may be necessary for desired results.
- Follow any additional specific post treatment instructions from your Physician.

Please contact our office if you have any questions or concerns at (858)657-1002.

Additional notes/instructions:

Physician: _____ Assistant: _____ Date: _____