

Neuromodulators What to expect during and after your treatment

During your treatment:

- An assessment will be made by your Physician to determine the appropriate product and dosage.
- Multiple injections will be administered to treated areas.
- You may feel a mild cooling sensation and hear a "crunching" sound to the areas where product is being injected.
- You may have small spots of pinpoint bleeding at injection sites. This usually subsides within a few minutes.

After your treatment:

- Immediately after injections you may see a small bump. This is the product, and it usually subsides in about 20-30 minutes. **Do NOT** rub or manipulate these bumps.
- You may use your regular skin care products and make-up.
- You may get a bruise from the injections. If the bruising is dark, unsightly and difficult to cover with make-up, you are welcome to come into the office the following day and have the bruise(s) treated with a laser at no charge. The laser assists in breaking up the bruise to help face faster.
- You may also take Arnica pills before and/or after the treatment to decrease the risk of bruising and to help bruising subside faster. We have Arnica available for purchase.
- Maximum onset is at about 2 weeks and results last approximately 3-4 months (depending on which neuromodulator is used).
- Follow any specific post treatment instructions given by your Physician.

Please contact our office if you have any questions or concerns at (858)657-1002.

Additional notes/instructions:		
Physician:	Assistant:	Date: