

Clear + Brilliant

What to expect during and after your procedure

During your procedure:

- Your eyes will be protected.
- There will be multiple passes made over the treatment area with the laser handpiece.
- Cold air will be applied directly to the skin surface as treatment is being performed to help decrease sensation of heat and to protect the surface layer of your skin.

After your procedure:

- You will feel a sensation of heat/sunburn that will subside within a few to several minutes once treatment is complete. It is ok to take Tylenol 500mg, one or two pills, every 4 to 6 hours as needed.
- Redness and very mild swelling may occur and last for a few hours.
- Your skin may feel rough to the touch, like fine sandpaper for a few to several days.
- You may develop darkening/superficial crusting of brown spots for a few to several days after treatment.
- Apply sunscreen with Zinc Oxide and/or Titanium Dioxide daily. Protect the treated area from the sun both indoors & outdoors (hat, sunglasses, sunscreen). Reapply sunscreen every 2 hours.
- **DO NOT RUB, PICK OR WIPE THE TREATMENT AREA**
- It is OK to shower day of procedure.
- You can wear make-up (unless instructed otherwise by your Physician) if you are not rubbing, picking, or wiping off the skin surface of skin when applying or removing make-up.
- Gentle cleansing with the fingertips is fine.
- **DO NOT** use a washcloth or anything abrasive to cleanse until the skin returns to normal (3-5 days).
- A series of treatments will be recommended for optimal results.
- Follow any additional specific post treatment instructions from your Physician.

Please contact our office if you have any questions or concerns at (858)657-1002.

Additional notes/instructions:

Physician: _____ Assistant: _____ Date: _____