

CTEV

What to expect before and after your surgery

Before your surgery:

- **COOL TOUCH ENDOVENOUS** is the Operating Room system used to treat Varicose Veins.
- This surgery is done in our Operating Room. You will be in the O.R. for approximately 2 hours.
- You will require a 1-hour Phone Pre-operative appointment prior to surgery to prepare.
- You will be given I.V. sedation so you will be comfortable while that surgery is done.
- You will need a driver after surgery.
- The surgery is performed through several punctures in the skin of the leg.

After your surgery:

- You will have an Ace Wrap on the leg after surgery and it will be in place overnight.
- We will have you walk in our Recovery Room for 20-30 minutes after your surgery.
- You will have a post-operative appointment in the office the next day to remove the Ace Wrap and you will be fitted for a compression stocking.
- The compression stocking will NOT be removed for 1 week.
- Tylenol 500mg, one or two pills every 4-6 hours, is the best medication to take post-operatively. You will not have a great deal of pain, but rather achiness and the skin will be tender to the touch.
- Sponge bathe ONLY after the surgery while the Ace Wrap is in place.
- Once you are fitted with a compression stocking, you may shower with your stocking **ON**.
- You may protect the stocking with plastic wrap to reduce wetness and saturation while in the shower. But you **MUST DRY THOROUGHLY** with a towel or handheld dryer (WARM/COOL setting) to completely dry the stocking. Drying the stocking **MUST** be done to protect the skin under the stocking and to prevent a wound infection.

Please contact our office if you have any questions or concerns at (858)657-1002.

Additional notes/instructions:

Physician: _____ Assistant: _____ Date: _____

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