



Dermatology Cosmetic Laser
Assoc. of La Jolla, Inc. (CA)
9339 Genesee Ave Suite 300
San Diego, CA 92121

ULTHERA

Post Op Care/ What to expect

AFTER TREATMENT

- Your skin may appear red or slightly swollen in specific areas, which may last up to two hours or longer.
- There may be slight tenderness and tingling in an area for a few hours after treatment, as well as some tenderness to the touch for a few weeks.
- Unlikely, but potential temporary effects may include, but are not limited to, bruising, pigmentation changes or reduced sensitivity to touch. These are mild in nature and should resolve in a few weeks.
- Driving is not permitted the day of your procedure if you were medicated.
- You may resume your normal skin care regimen after the procedure, and you may shower.

MEDICATIONS

- If needed, you may take acetaminophen (Tylenol) for pain.
- Avoid taking aspirin or NSAIDs for 24 hours after procedure.

DIET

- You may resume your normal diet.
- Avoid drinking alcoholic beverages for 24 hours.

Your next follow-up appointment is scheduled for: _____

After Hours Answering Service: 858-657-1002 Option: 4

Additional notes/instructions:

Dr. _____ **Assistant:** _____ **Date:** _____