



ThermiVa™

What to expect before and after your procedure

Before your procedure:

- You will be required to provide documentation of a normal Pap smear within the last 2 years.
- Please do a clean shave the night before your procedure.
- A urine pregnancy test will be performed prior to each treatment.

After your procedure:

- It is ok to proceed with sexual activity the day of treatment.
- Follow any additional specific post- treatment instructions from your physician.
- Your next appointment is scheduled on _____ at _____

Please contact our office if you have any questions or concerns at (858)657-1002

Additional notes/instructions:

Dr. _____ Assistant: _____ Date: _____