



# Sculptra

## What to expect during and after your procedure

### **During your procedure:**

- An assessment will be made by your physician to determine amount of product needed.
- Multiple injections will be administered to the treatment areas.
- Even though Sculptra contains lidocaine, some physicians may decide to use a topical numbing agent or local anesthesia injections prior to treatment.
- You may have a very small amount of pinpoint bleeding where the needle was inserted. This usually subsides in a few minutes.

### **After your procedure:**

- After the injection, the area will be massaged to evenly distribute the product.
- You may feel some soreness around treated areas. Ice packs may be used to ease tenderness and swelling and you can take Tylenol for any discomfort.
- Due to the lidocaine in Sculptra, you may experience a strange sensation around the eye area (such as twitching or drooping). This is normal and usually subsides in about 20 minutes.
- Immediately after treatment you will experience swelling which can last about 3-5 days.
- You may get a bruise from the injections. If so, you are welcome to come into the office the following day and have the bruise(s) treated with a laser, at no charge.
- You may use your regular skin care products and make-up immediately after treatment.
- You may also take Arnica pills before and/or after the treatment to decrease risk of bruising and to help any bruises you have to subside faster. We have Arnica available for purchase.
- Results are usually not noticeable after the first treatment. 2-4 treatments of Sculptra are recommended at monthly intervals to achieve the desired result.
- Your physician may advise you to massage the treated areas 5 x a day x 5 minutes x 5 days.
- Follow any additional specific post treatment instructions from your physician.
- Follow up with your physician in \_\_\_\_\_ weeks/months, or as needed.

**Please contact our office if you have any questions or concerns at (858)657-1002**

### **Additional notes/instructions:**

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Dr. \_\_\_\_\_ Assistant: \_\_\_\_\_ Date: \_\_\_\_\_