



# Kybella™

## What to expect during and after your procedure

### **During your procedure:**

- An assessment will be made by your physician to determine the extent of the treatment area and the appropriate amount needed.
- Some physicians may decide to use a topical numbing agent or local anesthesia injections prior to the Kybella injections.
- You may have a very small amount of pinpoint bleeding where the needle was inserted. This usually subsides in a few minutes with ice and pressure.
- The most common side effects are swelling, bruising, pain, numbness, redness, and areas of hardness in the treatment area. Other side effects may occur. Consult your physician if you have any concerns.

### **After your procedure:**

- Use your regular skin care products and make-up.
- Apply ice packs to ease tenderness and swelling in the first few days as needed.
- You may get a bruise from the injections. If so, you are welcome to come into the office the following day and have the bruise(s) treated with a laser at no charge.
- You may also take Arnica Forte pills before and after the treatment to decrease bruising. We have Arnika Forte available for purchase.
- Follow any additional specific post- treatment instructions from your physician.
- Many patients experience visible contouring of their chin profile in 2-4 treatments. Up to 6 treatments may be administered.
- Your next appointment is scheduled on \_\_\_\_\_ at \_\_\_\_\_.

**Please contact our office if you have any questions or concerns at (858)657-1002**

### **Additional notes/instructions:**

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Dr. \_\_\_\_\_ Assistant: \_\_\_\_\_ Date: \_\_\_\_\_