



THERMAGE

What to expect before, during and after your procedure

Before your procedure:

- All jewelry will need to be removed.
- Please remove artificial eyelashes/eyelash extensions if you are having your eyes treated.
- Do not wear contact lenses. Please wear eyeglasses if needed to read consents on the day of procedure.
- Thermage cannot be performed if you have any metal/electrical implants (such as a pacemaker or defibrillator)

During your procedure:

- If treating the eyes, internal eye shields will be placed. Your vision may be slightly blurry after the procedure due to the lubricating ointment used to place them in the eyes. Your eyes will be flushed afterwards.
- Coupling fluid will be applied to the treatment area throughout your treatment.
- During the treatment you will feel the sensation of heat accompanied by a vibration that lasts for a few seconds each pulse. Tolerable heat is necessary to achieve an optimal result.
- You will be asked for feedback on comfort level throughout the treatment.
- ProNox (nitrous oxide) is available for use for your comfort. It wears off within 5-10 minutes after treatment so you are able to drive yourself home.

After your procedure:

- Your skin may appear pink or slightly swollen in select areas and can last up to two hours or longer.
- There may be slight tenderness and tingling in an area for a few hours after treatment.
- Driving is not permitted the day of your procedure if you were medicated.
- You may resume your normal skin care regimen after the procedure, and you may shower.

Additional notes/instructions:

Dr. _____ Assistant: _____ Date: _____