



Neuromodulators

What to expect during and after your procedure

During your procedure:

- An assessment will be made by your physician to determine appropriate dosage and product.
- Multiple injections will be administered to treated areas.
- You may feel a mild cooling and crunching sensation to the areas where product is being injected.
- Immediately after injections you may see a small bump. This is the product and it usually subsides in about 20-30 minutes.
- You may have a very small amount of pinpoint bleeding where the needle was inserted. This usually subsides in a few minutes.

After your procedure:

- You may use your regular skin care products and make-up.
- You may get a bruise from the injections. If so, you are welcome to come into the office the following day and have the bruise(s) treated with a laser to assist in clearing up the bruise, at no charge.
- You may also take Arnica pills before and/or after the treatment to decrease risk of bruising and to help any bruises you have to subside faster. We have Arnica available for purchase.
- It takes anywhere from 1-7 days to see the effects of your treatment, maximum onset is at about 2 weeks and results last about 3-4 months.
- Follow any specific post treatment instructions from your physician.
- Follow up with your physician in _____ days/weeks, or as needed.

Please contact our office if you have any questions or concerns at (858)657-1002

Additional notes/instructions:

Dr. _____ Assistant: _____ Date: _____