



Bellafill

What to expect during and after your procedure

Before your procedure:

- An assessment will be made by your physician to determine amount of product needed.
- A skin test will be performed 4 weeks prior to your first Bellafill treatment to rule out any skin sensitivities to the ingredients in Bellafill. A small amount will be injected into your forearm, if you should see any reaction to this, inform your doctor.

During your procedure:

- Bellafill contains lidocaine to minimize treatment discomfort.
- Multiple injections will be administered to treated areas.
- You may have a very small amount of pinpoint bleeding where the needle was inserted. This usually subsides in a few minutes.

After your procedure:

- You may use your regular skin care products and make-up.
- You may feel some soreness around treated areas. Ice packs may be used to ease tenderness and swelling and you can take Tylenol for any discomfort.
- Immediately after treatment you will experience swelling which can last up to 3-7 days.
- You may feel lumps where the filler was injected, which is typically related to swelling and will subside in about 3-7 days
- Results are immediate but due to the swelling, the expected end result can be seen between 7-10 days.
- Do NOT manipulate, rub, massage, apply pressure, etc. to treated areas or lay face down after treatment.
- You may get a bruise from the injections. If so, you are welcome to come into the office the following day and have the bruise(s) treated with a laser to assist in clearing up the bruise, at no charge.
- You may also take Arnica pills before and/or after the treatment to decrease risk of bruising and to help any bruises you have to subside faster. We have Arnica available for purchase at the office.
- It is always a possibility that you may not get the desired result after one treatment. Additional treatments may be necessary to achieve optimal desired results.
- Follow any additional specific post treatment instructions from your physician.

Please contact our office if you have any questions or concerns at (858)657-1002

Dr. _____ Assistant: _____ Date: _____