

ThermiVa

What to Expect Before and After Your Procedure

Before your procedure:

- You will be required to provide documentation of a normal Pap smear within the last 2 years.
- Please do a clean shave the night before your procedure.
- A urine pregnancy test will be performed prior to each treatment. If, positive, treatment cannot occur.
- A urinary tract infection or vaginal infection or an outbreak of herpes simplex virus needs to be treated and resolved before treatment can be performed.

After your procedure:

- Mild redness and swelling may be seen after the procedure.
- OK to proceed with sexual activity day of treatment.
- Follow any additional specific post- treatment instructions from your physician.

Please contact our office if you have any questions or concerns at (858) 657-1002