

Kybella

What to Expect During and After Your Procedure

During your procedure:

- An assessment will be made by your physician to determine the extent of the treatment area and the appropriate amount needed.
- Some physicians may decide to use local anesthesia prior to the Kybella injections or incorporate anesthesia into the injection.
- You may have a very small amount of pinpoint bleeding where the needle was inserted. This usually subsides in a few minutes with ice and pressure.
- The most common side effects are swelling, bruising, pain, numbness, redness, and areas of hardness in the treatment area. These usually resolve within a few days. Consult your physician if you have any concerns.

After your procedure:

- Use your regular skin care products and make-up.
- Apply ice packs to ease tenderness and swelling in the first few days if needed.
- You may get a bruise from the injections. If so, you are welcome to come into the office the following day and have the bruise(s) treated with a laser at no charge.
- You may also take Arnika Forte pills before and after the treatment to decrease bruising. We have Arnika Forte available for purchase.
- Follow any additional specific post-treatment instructions from your physician.
- Many patients experience visible contouring of their chin profile in 2 - 4 treatments within 2 - 4 months. Up to 6 treatments may be administered.

Please contact our office if you have any questions or concerns at (858) 657-1002.