

# Fraxel Re:Store

## What to Expect During and After Your Procedure

### During your procedure:

- There will be multiple passes made over the treatment area with the hand piece.
- The hand piece is “rolled” on the surface of the skin.
- The sensation of heat (similar to grease “splattering”) increases as the treatment continues.
- Cold air is applied directly to skin surface as it is being treated to help decrease sensation of heat.

### After your procedure:

- You will have a sensation of heat/deep sunburn that will subside every hour after the procedure; OK to take Tylenol 500-1000mg or Ibuprofen 400-600mg.
- You will have redness & mild swelling.
- Apply sunscreen with Zinc Oxide &/or Titanium Dioxide daily. Protect treated area from the sun both indoors & outdoors (hat, sunglasses, sunscreen). \*UVA rays will penetrate through windows.
- Ice packs (20 min. on, 20 min. off) day of procedure & following day will help reduce sensation of heat & help to minimize swelling; protect skin w/ a gauze pad or handkerchief before applying ice to skin.
- Swelling typically peaks at 48-72 hours. Sleeping with your head elevated on 2 to 3 pillows for the first 3 nights will help minimize swelling.
- NO RUBBING, PICKING OR WIPING TREATMENT AREA.
- OK to shower day of procedure.
- Gentle cleansing is fine—we have a number of gentle cleansers you can buy or you can use Cetaphil cleanser (over the counter in the pharmacy).
- Superficial, grainy crust is normal & could last up to 1 week.
- Redness is normal & could last up to 1 week or more.
- Apply moisturizer as often as needed to help with dryness; check with your doctor to find out which moisturizer is most effective.
- You can wear make-up if approved by your physician-- as long as you are not rubbing, picking or wiping off surface of skin when applying or removing make-up.

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Please contact our office if you have any questions or concerns at (858) 943-2113.