

Clear & Brilliant

What to Expect During and After Your Procedure

During your procedure:

- Topical numbing cream will be applied to the area being treated for 30-60 min prior to treatment.
- Your eyes will be protected.
- There will be multiple passes made over the treatment area with the hand piece.
- Cold air will be applied directly to the skin surface as treatment is being performed to help decrease sensation of heat and to protect the surface layer of your skin.

After your procedure:

- You will feel a sensation of heat/sunburn that will subside within a few minutes. It is ok to take Tylenol or Ibuprofen.
- Redness and very mild swelling may occur and last for a few hours.
- Your skin will feel rough to the touch, like fine sandpaper for a few days.
- You may develop darkening/superficial crusting of brown spots for a few days after treatment.
- Apply sunscreen with Zinc Oxide and/or Titanium Dioxide daily. Please be aware UVA rays penetrate through windows.
- DO NOT RUB, PICK OR WIPE THE TREATMENT AREA
- OK to shower day of procedure.
- You can wear make-up (unless instructed otherwise by your physician) as long as you are not rubbing, picking or wiping off the skin surface of skin when applying or removing make-up.
- Gentle cleansing with the finger tips is fine.
- DO NOT use a washcloth or the Clarisonic to cleanse until the skin returns to normal (3-5 days).
- Follow any additional specific post treatment instructions from your physician.

Please contact our office if you have any questions or concerns at (858)657-1002.